



**FIG Artistic Apparatus World Cup  
Cairo, Egypt  
27<sup>th</sup> – 30<sup>th</sup> April 2023**



**Revision: 24.04.2023**

## TRAINING SCHEDULE

Time		Description	Location
<b>Wednesday 26<sup>th</sup> April 2023</b>			
09 :00 AM	01 :00 PM	Free Training ( <b>Vault for MAG</b> )	<b>Hall 2</b> (Training & Warm-up Hall)
04 :00 PM	07 :00 PM	Free Training ( <b>Vault for WAG</b> )	<b>Hall 2</b> (Training & Warm-up Hall)
<b>Thursday 27<sup>th</sup> April 2023 Qualification, Day 1</b>			
09 :00 AM	11 :00 AM	Free Training ( <b>Vault for WAG</b> )	<b>Hall 2</b> (Training & Warm-up Hall)
11 :00 AM	01 :00 PM	Free Training ( <b>Vault for MAG</b> )	<b>Hall 2</b> (Training & Warm-up Hall)
03 :00 PM	09 :00 PM	Free Training ( <b>Vault for WAG &amp; Floor for MAG</b> )	<b>Hall 2</b> (Training & Warm-up Hall)
<b>Friday 28<sup>th</sup> April 2023 Qualification, Day 2</b>			
09 :00 AM	11 :00 AM	Free Training ( <b>Vault for MAG</b> )	<b>Hall 2</b> (Training & Warm-up Hall)
11 :00 AM	01 :00 PM	Free Training ( <b>Vault for WAG</b> )	<b>Hall 2</b> (Training & Warm-up Hall)
01 :00 PM	08 :00 PM	Free Training ( <b>Vault for MAG &amp; Floor for WAG</b> )	<b>Hall 2</b> (Training & Warm-up Hall)
<b>Saturday 29<sup>th</sup> April 2023 Apparatus Finals, Day 1</b>			
09 :00 AM	11 :00 AM	Free Training ( <b>Vault for WAG</b> )	<b>Hall 2</b> (Training & Warm-up Hall)
11 :00 AM	01 :30 PM	Free Training ( <b>Vault for MAG</b> )	<b>Hall 2</b> (Training & Warm-up Hall)
01 :30 PM	04 :30 PM	Free Training ( <b>Vault for WAG &amp; Floor for MAG</b> )	<b>Hall 2</b> (Training & Warm-up Hall)
04 :30 PM	08 :00 PM	Free Training ( <b>Vault for MAG</b> )	<b>Hall 2</b> (Training & Warm-up Hall)
<b>Sunday 30<sup>th</sup> April 2023 Apparatus Finals, Day 2</b>			
09 :00 AM	11 :00 AM	Free Training ( <b>Vault for MAG</b> )	<b>Hall 2</b> (Training & Warm-up Hall)
11 :00 AM	01 :30 PM	Free Training ( <b>Vault for WAG</b> )	<b>Hall 2</b> (Training & Warm-up Hall)
01 :30 PM	05 :00 PM	Free Training ( <b>Vault for MAG &amp; Floor for WAG</b> )	<b>Hall 2</b> (Training & Warm-up Hall)